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[TEST] Be prepared

1 message

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 To: mberg@crossroadscampaigns.com

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Aloha Friend,

With Hurricanes Iselle and Julio heading toward the islands, I wanted to write to make sure you are taking precautions with your family and property and staying tuned to the news and weather advisories from the National Weather Service's [Central Pacific Hurricane Center](#) and the [Hawai'i State Civil Defense](#).

I've asked my supporters on the Big Island and Maui to suspend campaign activities and canceled Thursday's sign-waving events on Oahu. We want our supporters and everyone in the state to use this time to make emergency preparations and to take care of themselves and their families.

Below I have included a list of essential items you will want to have organized and ready. This campaign is important, but not as important as your and your loved ones' well-being.

Sincerely,
 David Ige

Preparedness KitFrom the [Hawai'i State Civil Defense](#)


7 days of food, water and medications

- 1 gallon of water per person, per day
- Non perishable food (canned soups and other nutritionally balanced canned meals are good)
- Manual can opener

Battery or solar powered radio, flashlight and extra batteries for both

Important documents (in sealed plastic bag)

- Identification (passport, driver's license) Debit and credit card information Banking information (account numbers, billpay information) this can help avoid credit problems due to inability to make payments during a disaster
- All insurance information
- Health care directives
- Copy of property titles/deeds
- Copy of prescriptions and dosages
- Phone list of family and important numbers

 Plastic bags and ties for waste

Whistle, matches, blankets and tarps

Personal hygiene items

- Toothbrush, toothpaste
- Soap/shampoo
- Antibacterial hand wipes
- Toilet paper
- Deodorant
- Eyecare (if needed)
- Moisturizing lotion

Extra cash in small bills

First aid kit

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